



# Abundance News

## GFWC Woman's Club of Stuart

“Celebrating 105 Years of Community Service”

*A Member of the General Federation of Women's Clubs\**

Volume 21, Issue 2

October 2018



**Support  
Breast Cancer  
Awareness  
Month!**

### From the Desk of the President

Greetings to all—this will be an exciting month at the Woman's Club. Thanks to all who donated last month to our successful Education Drive. The Education Committee thanks all of you!

Our October luncheon will be busy and exciting! We will welcome and congratulate our Art Scholarships winners and learn a little about each of them. Our luncheon will be a special Peruvian meal cooked by Carlos and Frida Salinas, professional chefs who own La Cochera a Peruvian restaurant in Lima. It will be so amazing that each of you will want to purchase the cookbook so you can share these recipes with your family and friends. Be sure to see Cecilia Lewis to get yours. In addition, we will be kicking off our newest fundraiser, Treasures from the Closet! We will have a mini-auction and will be asking for your donations for this event—more information will be forthcoming!

In addition, our six service committee chairs will have tables set up on the back porch. Please visit with them and sign up for your committee of choice. Each committee will have different activities that they will sponsor throughout the year. **Remember, every member should serve on one service committee, as well as a fundraiser.** Our service committees and our fundraisers are all listed in your Yearbook so take a look. Thanks to Paulette for again doing a wonderful job on that publication.

(continued on next page)

*GFWC - an International Women's Club  
dedicated to community improvements by  
enhancing the lives of others.*



October is also Breast Cancer Awareness Month—wear your “Pink” and don’t forget to sign up and or donate to our Making Strides Against Breast Cancer Walk on October 27<sup>th</sup> @ Memorial Park. Sign-up and donation sheets will be available at our luncheon. Join us—we always have a great time for a worthwhile cause!

Our ‘ It’s Five ‘O Clock Somewhere” will be at So Unique Gallery Boutique on October 25<sup>th</sup> @ 5:00 PM. Hope to see you there for some shopping, sipping and socializing!

In November we will celebrate our Veterans so remember to donate gently used and or new clothing. In addition, we will have a monetary collection to purchase white socks for our troops overseas. There will be more information forthcoming from the Public Issues Committee.

Lastly, please remember to volunteer for our biggest and best ever Holiday Home Tour (our 10<sup>th</sup> Anniversary)!! Check the Yearbook and weekly announcements for all meeting dates. We need everyone’s help for this outstanding event. See Lisa Pinkley and/or Polly Pharo for more info.

Thanks again for all you do—you are a fantastic group of women!

*Cheers,  
Janie*

**Upcoming Events**

**October 2018**

**Meetings/Events Calendar**

<u>DATE</u>	<u>MEETING/EVENT</u>	<u>TIME</u>
3	Board of Trustees	9:00 am
3	Executive Board	10:30 am
9	Girlfriends Committee	12:00 pm
9	History/Scrapbook Committee	1:00 pm
9	International Outreach Committee	1:30 pm
17	October General Meeting	
	Social Hour	11:00 am
	Lunch	11:30 am
	Program/Business	12:00 pm

***Art Scholarship Recipients will be introduced followed by a short presentation by Cecilia Lewis about the Peru Woman’s Club Cookbook available to purchase in support of their efforts in Peru.***

***We will have a short social activity:  
“Get Acquainted with  
Someone You Don’t Know”***

***Breast Cancer Month - Wear Pink!***

***The Service Committee Chairs will be on the  
back porch to sign up Members for  
Committees.***



**Hospitality Committee:** Laura Van Wallendael, Susan Callahan, Therese Lebel, Karen Townsend, Deb Pfrogner, and Patricia Snodgrass

22	Juniorettes	4:00 pm
25	“It’s Five O’clock Somewhere”	5:00 pm
27	“Making Strides for Breast Cancer Walk”	8:00 am
31	Literary	10:00 am



Please join us

Thursday, October 25, 2018

5:00 to 7:00 p.m.

at

**So Unique Gallery Boutique**

*There is nothing else like it!*

Located in the Harbour Bay Plaza (Sewell's Point)  
3758 SE Ocean Boulevard  
Stuart, Florida

*Sip, Shop and Socialize*  
*Door Prizes, Shopping Discounts*  
*and Refreshments Provided*



For more information, contact Janie Copes

or [jspunk49@aol.com](mailto:jspunk49@aol.com)

## Making Strides Against Breast Cancer

**Saturday, October 27, 2018**

Remember to sign up for our annual **Making strides Against Breast Cancer Walk** in Memorial Park on October 27th. Last year we raised over \$1,500 to fight this terrible disease and had a wonderful time!

Wear your favorite **Pink** outfit—there will be a team photo taken. **We will meet at the Survivors Tent at 8:00 AM.** If you don't want to walk—you can contribute to the cause and or join us for the after party at Mulligan's.



**We need YOU to help finish the fight against breast cancer! Sign up today with our fundraising team!**

### **GFWC Woman's Club of Stuart Team**

Saturday, October 27, 2018@7:30 am

5K Walk

Memorial Park

[www.makingstrideswalk.org/martinfl](http://www.makingstrideswalk.org/martinfl)

## Club News...

### October General Meeting

Our October 17th General meeting will include an *International Bridge of Sisterhood*, by partnering with a GFWC club formed in 1922 by American women in Lima! Our connection is through one of our members, who is Peruvian-born, *Cecilia Lewis*. She will be telling you a little more about how that connection came about next month. Our club has decided to partner with the Peruvian club in promoting education and community support by selling their beautiful, bilingual cookbooks! They are filled with hundreds of delicious international recipes. And, if you don't want one for yourself, please consider one as a gift for a birthday, bridal shower, Christmas, or because you know someone that would truly enjoy it. And, all the while you would be supporting education in Peru! They will be sold for \$40 each at this month's meeting. Please bring your checkbooks! Also, we will be having guest Peruvian chefs who will be cooking a traditional Peruvian meal for our luncheon. Cecilia's cousins, Carlos and Frida Salinas, brother and sister, are both chefs and presently own and operate La Cochera, a Peruvian restaurant in Lima. Mark your calendars on **Monday, October 22nd, at 11am**, these chefs will be hosting a cooking demonstration to raise additional funds.

### Building an International Bridge of Sisterhood

*Do you love cooking delicious, new recipes  
for your family and friends?*

*Do you want to help promote education?*

*Do you want to learn about Peruvian food?*

I'm very excited to share with you an opportunity to help a sister GFWC in Lima, Peru! Our Board has graciously agreed to partner with the American Women's Literary Club in Lima by selling a beautiful bilingual book filled with hundreds of mouth-watering delights compiled and photographed by these very talented ladies abroad. The proceeds go directly to promote education in many rural areas of Peru. Please make sure to attend the October meeting for details and

to savor some delicious Peruvian dishes created from the recipes in this cookbook and prepared by Peruvian chefs!

And, please **BRING YOUR CHECKBOOKS!**

And, mark your calendars for **Monday, October 22, 2018 at 11:00 a.m.!**

Come see these Peruvian chefs prepare delicious dishes and understand why this food is now ranked as one of the top cuisines in the world! Payment is required to confirm your seat. Don't delay!! Pay through PayPal or send a check. Any questions, please contact me at (redacted). I hope to see you all on the 22nd!

Cecilia Lewis, Chair

2018 American Women's Literary Club (GFWC Perú) presents:



**SIMPLE TO SUBLIME**  
*a bilingual cookbook promoting education in Peru*  
*un libro bilingüe de cocina fomentando la educación en el Perú*




-Over 400 pages of bilingual recipes featuring favorite American and Peruvian cooking;

-Recipes for appetizers, breakfast/brunch, soups, breads, vegetables/salads, grains, pasta, meats, poultry, seafood, specialty sauces, sweets, herbs/spices, ingredient substitutions, cooking tips & more;

- Some easy enough to make with children and others elegant enough for the discriminating gourmet!

Donation: \$40

All proceeds go towards promoting education in Peru including **ENSEÑA Perú** and **Instituto Pedagógico Nacional Monterrico**.



<https://www.redem.org/educacion-intercultural-bilingue-una-propuesta-en-la-formacion-del-docente-peruano/>

Please contact Cecilia Lewis: [mdlewis5@aol.com](mailto:mdlewis5@aol.com) or

## October Service Committee Open House

Are you wondering how Woman's Club Members serve our community? *Would you like to be with like minded women?*

Learn more on **October 17th** during the social time beginning at **11:00 am** before the October General Meeting.

Each of the six service committee chairs will be at a table on the rear porch to share their plans for this year. Decide how you would like to make a difference and join one or more committees. A summary of the committees along with the chairwoman of each is listed below. When we work together, we accomplish so much.

Join us and have fun working together!

**Arts and Crafts** - Jackie Brock LaLone and Sharon Mason

**Conservation** - Nancy Hayden

**Education** - Mary Ellen Costa and Betty Mulligan

**Home Life** - Renee Gould

**International Outreach** - Patty Bushman and Mona Salisbury

**Public Issues** - Diane McKechnie

*Many thanks to you all for your selfless and generous gift of time, talent and energy! Here's to another great year helping our community!*

Mona Salisbury, Community Service Committees Chair

**PERUVIAN COOKING DEMONSTRATION FUNDRAISER**  
*Helping to support worthy education projects in Peru*

\$ 40 per person  
 Monday, October 22, 2018, 11:00 am.  
 Women's Club of Stuart  
 729 SE Ocean Blvd.  
 Stuart, FL 34994



Secure your spot by paying via [paypal.me/cecilew24](https://www.paypal.me/cecilew24) or send a check payable to Cecilia R. Lewis  
 RSVP by Friday, October 19th  
 For additional questions, please contact [perufood28@gmail.com](mailto:perufood28@gmail.com)

\* Comesample delicious Peruvian food!  
 \* Meet the chefs arriving from Lima to bring you ideas, tips, and tastes of one of the best cuisines in the world!  
 \*Support several ongoing education projects to bring about positive impact!

Bilingual cookbooks will also be available for purchase as part of this fundraiser.




**Frida Salinas**  
 Previous Restaurant Owner  
 Lima, Peru



**Chef Carlos Salinas**  
 Owner, La Cochera Restaurant  
 Lima, Peru

## Holiday Home Tour Committee Meeting Dates

Please mark your calendar with the following dates for the 10th Annual Holiday Home Tour Committee meetings and make plans to attend!

**Tuesday, September 25**

**Wednesday, October 10**

**Thursday, October 25**

**Friday, November 9**

**Monday, November 19**

The meetings will be held at the Clubhouse at 10:30 a.m.

All Club Members are welcome and encouraged to attend! *We want to make this Event very special and your help is needed!*

For more information or questions, contact Lisa Pinkley or Polly Pharo.

## Literary Meeting

**Wednesday, October 31, 2018**

**10:00 a.m.**

The Literary Group is for women who have a lifetime love of reading. We don't read the same book. We pick a topic and members are encouraged to choose, read and share their selection.

The topic for our October meeting is

**"Spooky Stories"**

All Club Members are invited to attend.

For more information or questions, contact Paula Rosen.



## Enjoyment Books



Once again, the "Enjoyment Book" with discount coupons for dining and local services will be for sale. We have sold these books in the past and it is a great way for our Club to receive a profit for each book sold.

**The cost of the Enjoyment Book is \$35.00.**

If you would like to purchase, please contact Pam Alverson at (redacted) or [pamela.alverson@gmail.com](mailto:pamela.alverson@gmail.com). Orders will be taken through the end of October.

## 2018-2019

### Yearbooks



If you have not received your 2018-2019 Yearbook, they will be available at the October meeting.

## Club Parking

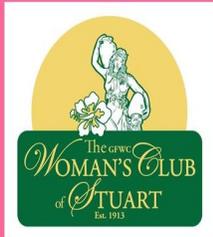
Please make sure you are parked in a legal parking space when visiting the Clubhouse.



Several Members received tickets last month for illegal parking.

## “Treasures from the Closet”

“Treasures” from *OUR* closets has begun!



### The GFWC Woman's Club of Stuart Presents **Treasures from the Closet**

**WHAT?** A “treasurer hunt” sale of high end, previously enjoyed, upscale items, including trendy clothing, accessories, home décor and much more at greatly reduced prices.

**WHEN?** Saturday, March 16, 2019

10:00 AM to 2:00 PM

**WHERE?** The Woman's Club of  
Stuart

729 SE Ocean Boulevard

Stuart, Florida 34994



For more information, telephone  
 or visit our Website,  
[www.gfwcwomansclubofstuart.com](http://www.gfwcwomansclubofstuart.com)

*Only “too good to part with”  
items will be included in this  
Event!*

*Proceeds will benefit our Scholarship Fund and Charitable Giving*

October is the perfect time for a fall clean out of our homes.

To ensure that **Treasures from the Closet** is a successful event, we are asking that every member donate a minimum of one item to our market sale. **Please begin by bringing your donations to our October meeting.**

Your items need not be designer labels but should be of good quality in excellent condition. We are accepting men's and women's clothing, art, trendy jewelry and household décor. Household items such as really good cookware, stockpots and skillets would be useful additions to our market.

If you have any questions regarding your donations or if you need pick up, please contact Pam Evert by telephone at ( r e d a c t e d ) o r e m a i l [pamelaever@aol.com](mailto:pamelaever@aol.com).

***Someone's discards are  
another's treasures!***

Our goal is to make “**Treasures**” an Event in which all members are involved and having a good time while raising money for scholarships.

In anticipation of **Treasures from the Closet**, we thought it would be fun to give our members a tease of what to expect in March! **Beginning at our October meeting we will be giving our members the opportunity to preview and purchase (by auction) two items from the fabulous items already donated by our generous members.**

***Bring your checkbooks!***

***“Treasures” updates will be provided in our monthly Newsletter.***

## New Member Installation

Deena Messinger was installed as a New Member at our September General Meeting.



*Please welcome Deena to our family!*

## October Birthdays

*Best Wishes on Your Birthday and Throughout the Coming Year!*

E. Lee Vought - 10/1

Peggy Gonsalves - 10/3

Pearlie Clark - 10/11

Joan Longo - 10/12

Rose Haynes - 10/15

Denise Vitale - 10/16

Grace Linn - 10/18

Marie Argana - 10/19

Esther Twitchell - 10/25

Melody Fortier - 10/31

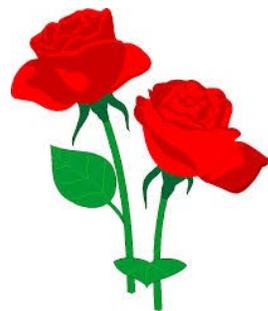
## Guests at General Meetings



If you plan to invite a guest to the October General Meeting/ Luncheon, you must register their name with Gail Kearney, Vice President, Membership, no later than **Friday, October 12th.**

Please limit your guests to two (2) invites per month. Guest names can be emailed to [gkear@verizon.net](mailto:gkear@verizon.net).

We appreciate your cooperation as it helps our Hospitality Committee to prepare enough food for everyone.



Our Deepest Sympathy  
to the family of

Club Member

**Mary Ann Timm**

on her recent death. She  
has been a part of our  
family since 1986.

There will be a service in her honor on  
November 10th at Palm City Presbyterian  
Church at 11:00 a.m., followed by a  
reception at the church.

*We Will Miss Her*

*Our next General Meeting  
will be held on  
**October 17, 2018**  
at 11:00 a.m.*



*A delicious lunch will be served by  
our Hospitality Committee and the  
General Business of our Club  
will be discussed.*

*Please make plans to join us!*

***Wear Pink for  
Breast Cancer Awareness!***